

2023 Mid-State Conference

Pequot Lakes - May 16th

Girls

1.	Detroit Lakes	121
2.	Park Rapids Area	72
3.	Pequot Lakes	66
4.	Staples-Motley	43
5.	Crosby-Ironton	9

Boys

1.	Park Rapids Area	76
2.	Pequot Lakes	75
3.	Staples-Motley	55
4.	Detroit Lakes	46
5.	Crosby-Ironton	38

Mens Results

100 Meters Varsity - Finals

1.	12 Ethan Carrier	10.82aPR	Detroit Lakes
2.	12 Austin Weite	11.22aPR	Staples-Motley
3.	8 Tade Magnuson	11.63aPR	Pequot Lakes
4.	10 Dane Mudgett	11.71aPR	Pequot Lakes
5.	10 Josiah Critten	11.95aPR	Staples-Motley
6.	9 Jameson Riewer	12.03aPR	Detroit Lakes
7.	10 Elijah Blue	12.12aPR	Staples-Motley
8.	9 Brock Jones	12.14aPR	Detroit Lakes
9.	10 Hartung Thomas	12.29aPR	Park Rapids Area
10.	12 Matt Dahring	12.32a	Park Rapids Area
11.	11 Jimmy Lewandowski	12.37aPR	Crosby-Ironton
12.	9 Corbin Schiller	12.79aPR	Park Rapids Area
13.	10 Amari Haffner	13.12aPR	Crosby-Ironton
14.	12 Garrett Wichner	13.43aPR	Pequot Lakes
15.	12 Preston Mitchell	13.99a	Crosby-Ironton

200 Meters Varsity - Finals

1.	12 Ethan Carrier	22.72a	Detroit Lakes
2.	12 Charles Schiessl	23.46aPR	Pequot Lakes
3.	12 Austin Weite	23.51a	Staples-Motley
4.	9 Avandre Brandt	24.06aPR	Staples-Motley
5.	11 Alex Kriesel	24.36aPR	Pequot Lakes
6.	12 Malachi Martin	24.42aPR	Park Rapids Area
7.	12 Pierce Deblieck	24.88aPR	Park Rapids Area
8.	10 Elijah Blue	24.95aPR	Staples-Motley
9.	10 Dane Mudgett	25.24aPR	Pequot Lakes
10.	9 Bryant Kulzer	25.42a	Detroit Lakes
11.	12 Matt Dahring	25.43a	Park Rapids Area
12.	11 Jimmy Lewandowski	25.94aPR	Crosby-Ironton
13.	10 Caleb Hautala	26.25aPR	Crosby-Ironton
14.	9 Andy Taylor	27.08a	Crosby-Ironton
	11 Tyler Ostilie	SCR	Detroit Lakes

400 Meters Varsity - Finals

1.	11 Noah Larson	52.82a	Crosby-Ironton
2.	11 Nicholas Holmberg	52.92a	Pequot Lakes
3.	12 Kade Mudgett	53.05aPR	Pequot Lakes
4.	9 Kaden Gartner	53.31aPR	Park Rapids Area
5.	10 Logan Robben	53.97aPR	Staples-Motley
6.	11 Nate Hachey	55.49aPR	Crosby-Ironton
7.	12 Levi Barnes	56.21aPR	Pequot Lakes

8.	10 Tobias Jacobson	56.74a	Crosby-Ironton
9.	12 Logan Maanum	57.02aPR	Park Rapids Area
10.	11 Xander Jessen	57.54aPR	Detroit Lakes
11.	11 Ryan Erickson	57.81aPR	Detroit Lakes
12.	10 Gage Hatch	58.13aPR	Detroit Lakes
13.	10 Sawyer Ferdon	59.82a	Staples-Motley
14.	11 Owen Van Batavia	1:02.43a	Park Rapids Area

800 Meters Varsity - Finals

1.	12 Eli Bervig	2:02.19a	Park Rapids Area
2.	10 Ephraim Bervig	2:04.59a	Park Rapids Area
3.	11 Joe Ringhand	2:07.24aPR	Crosby-Ironton
4.	12 Blaine Hensel	2:15.29a	Park Rapids Area
5.	8 Wyatt Hauser	2:20.74aPR	Pequot Lakes
6.	12 Kalan Larson	2:21.94a	Pequot Lakes
7.	10 Ivan Lozano	2:24.37a	Staples-Motley
8.	11 Lane Yliniemi	2:25.99aSR	Detroit Lakes
9.	10 Blaine Plattner	2:26.33aPR	Staples-Motley
10.	10 Israel Ritter	2:31.46aPR	Staples-Motley
11.	10 Jesse Mitchell	2:31.62aPR	Crosby-Ironton
	11 Connor Jensen	SCR	Detroit Lakes
	10 Cooper Bluhm	SCR	Pequot Lakes
	11 Ezekiel Blow	SCR	Detroit Lakes
9	Aiden Reisz	SCR	Crosby-Ironton

1600 Meters Varsity - Finals

1.	11 Eli Hall	4:29.06a	Pequot Lakes
2.	11 Noah Huot	4:30.38aPR	Park Rapids Area
3.	12 Blaine Hensel	4:47.68a	Park Rapids Area
4.	11 Issiah Tabatt	4:56.54aSR	Staples-Motley
5.	8 Liam Zins	5:00.01a	Pequot Lakes
6.	10 Damien Dejarlais	5:02.78a	Park Rapids Area
7.	11 Ezekiel Blow	5:13.40a	Detroit Lakes
8.	11 Jackson Maasjo	5:25.81a	Detroit Lakes
9.	11 Odin Trif	5:26.94a	Staples-Motley
10.	9 James Johnson	5:29.13a	Pequot Lakes
11.	10 Brad Lueck	5:55.90aSR	Crosby-Ironton
12.	7 Levi Turner	6:00.30a	Crosby-Ironton
	10 AJ Westin	NT	Crosby-Ironton
	11 Brayden Francis	NT	Detroit Lakes

3200 Meters Varsity - Finals

1.	11 Eli Hall	10:01.18a	Pequot Lakes
2.	11 Noah Huot	10:13.49a	Park Rapids Area
3.	8 Asher Bervig	10:37.58a	Park Rapids Area
4.	8 Liam Zins	10:45.59a	Pequot Lakes
5.	11 Issiah Tabatt	10:46.09a	Staples-Motley
6.	10 Dillan Robben	11:16.27aPR	Staples-Motley
7.	11 Micah Barberg	11:26.62aPR	Detroit Lakes
8.	10 Castle London	11:40.79aPR	Park Rapids Area
9.	10 Hunter Zehnecker	12:10.73aPR	Detroit Lakes
10.	9 Eli Toftness	12:21.32a	Pequot Lakes
11.	11 Avery Browen	14:08.18a	Detroit Lakes

110m Hurdles Varsity - Finals

1.	12 Charles Schiessl	15.60a	Pequot Lakes
2.	12 Pierce Deblieck	16.46a	Park Rapids Area
3.	11 Brady Wirtz	17.05a	Detroit Lakes
4.	11 Lawson Greene	17.63a	Detroit Lakes
5.	9 Noah Larson	17.99a	Staples-Motley
6.	12 Elio Mendoza Delgado	18.25a	Crosby-Ironton
7.	11 Will Taylor	19.44a	Pequot Lakes

8.	9	Connor Jenson	19.60aPR	Pequot Lakes
9.	10	Gavin Chenoweth	19.73aSR	Staples-Motley
10.	9	Corbin Schiller	19.74aPR	Park Rapids Area
11.	11	Owen Van Batavia	23.78aPR	Park Rapids Area

300m Hurdles Varsity - Finals

1.	12	Charles Schiessl	43.16aPR	Pequot Lakes
2.	12	Pierce Deblieck	43.57a	Park Rapids Area
3.	11	Will Taylor	45.68a	Pequot Lakes
4.	11	Brandton Marsh	45.84a	Detroit Lakes
5.	9	Noah Larson	46.31a	Staples-Motley
6.	12	Elio Mendoza Delgado	46.62a	Crosby-Ironton
7.	9	Corbin Schiller	47.19aPR	Park Rapids Area
8.	9	Alex Huot	49.46a	Park Rapids Area
9.	11	Noah Larson	50.73aPR	Detroit Lakes
10.	11	Ramiro Gallardo	51.50aPR	Staples-Motley
11.	9	Dayton Wills	52.26a	Pequot Lakes
12.	10	Gavin Chenoweth	53.88a	Staples-Motley
13.	10	Oliver Toftness	53.97aSR	Crosby-Ironton

4x100 Relay Varsity - Finals

1.	--	Relay Team	45.18a	Staples-Motley - A
2.	--	Relay Team	45.34a	Detroit Lakes - A
3.	--	Relay Team	45.51a	Pequot Lakes - A
4.	--	Relay Team	48.60a	Crosby-Ironton - A
5.	--	Relay Team	50.20a	Park Rapids Area - A

4x200 Relay Varsity - Finals

1.	--	Relay Team	1:35.21a	Crosby-Ironton - A
2.	--	Relay Team	1:36.15a	Park Rapids Area - A
3.	--	Relay Team	1:38.02a	Detroit Lakes - A
4.	--	Relay Team	1:39.06a	Staples-Motley - A
--	--	Relay Team	DQ	Pequot Lakes - A

4x400 Relay Varsity - Finals

1.	--	Relay Team	3:34.49a	Park Rapids Area - A
2.	--	Relay Team	3:34.50a	Crosby-Ironton - A
3.	--	Relay Team	3:37.22a	Pequot Lakes - A
4.	--	Relay Team	3:52.20a	Staples-Motley - A
5.	--	Relay Team	3:52.21a	Detroit Lakes - A

4x800 Relay Varsity - Finals

1.	--	Relay Team	8:31.86a	Park Rapids Area - A
2.	--	Relay Team	8:49.98a	Detroit Lakes - A
3.	--	Relay Team		

		9:41.35a	Staples-Motley - A
4.	--	Relay Team	
		9:43.70a	Pequot Lakes - A
5.	--	Relay Team	
		10:13.08a	Crosby-Ironton - A

Shot Put Varsity - Prelims

1.	12	Luke Hartung	49-02.50	Park Rapids Area
2.	12	Lucas Ganley	47-11.50	Pequot Lakes
3.	11	Isaac Cariveau	47-02.00	Detroit Lakes
4.	11	Braydon Sjoblom	46-04.00	Detroit Lakes
5.	11	Riley Peters	45-02.50	Pequot Lakes
6.	11	Lawson Greene	42-03.50	Detroit Lakes
7.	10	Dane Mudgett	41-09.00PR	Pequot Lakes
8.	10	Steven Petrich	39-11.00PR	Staples-Motley
9.	12	Dylan Klancher	38-10.00	Crosby-Ironton
10.	10	Martin Strom	38-09.00PR	Crosby-Ironton
11.	10	Drake Dukowitz	35-10.00	Staples-Motley
12.	10	Deandre Johnson	34-00.00	Park Rapids Area
13.	10	Kaleb Weaver	32-04.00	Park Rapids Area
14.	10	Dustin Converse	26-04.50	Staples-Motley
15.	10	Spencer Hollenhorst	26-04.00PR	Crosby-Ironton

Discus Varsity - Prelims

1.	12	Luke Hartung	153-11	Park Rapids Area
2.	11	Lawson Greene	143-01	Detroit Lakes
3.	12	Lucas Ganley	125-01	Pequot Lakes
4.	11	Isaac Cariveau	115-05	Detroit Lakes
5.	11	Braydon Sjoblom	114-06	Detroit Lakes
6.	12	Dylan Klancher	114-02	Crosby-Ironton
7.	11	Riley Peters	113-01	Pequot Lakes
8.	12	Ethan Stohr	104-08	Pequot Lakes
9.	10	Martin Strom	104-00	Crosby-Ironton
10.	10	Drake Dukowitz	102-09	Staples-Motley
11.	10	Steven Petrich	98-11	Staples-Motley
12.	10	Deandre Johnson	97-01PR	Park Rapids Area
13.	10	Hartung Thomas	94-01PR	Park Rapids Area
14.	10	Dustin Converse	89-08PR	Staples-Motley
15.	10	Evan Rydberg	79-03	Crosby-Ironton

High Jump Varsity - Finals

1.	12	Hunter Miller	6-02.00	Staples-Motley
2.	12	Evan Thomas	6-00.00	Detroit Lakes
3.	9	Avandre Brandt	5-10.00	Staples-Motley
4.	11	Nate Hachey	5-10.00PR	Crosby-Ironton
5.	10	Bode Eggena	5-10.00PR	Pequot Lakes
6.	11	Noah Larson	5-08.00	Crosby-Ironton
7.	9	Becker Lipke	5-04.00	Pequot Lakes
8.	9	Kaden Gartner	5-02.00	Park Rapids Area
8.	9	Justin Sievert	5-02.00	Pequot Lakes
8.	12	Dakota Hennagir	5-02.00	Staples-Motley
8.	11	Lawson Greene	5-02.00	Detroit Lakes
12.	9	Andy Taylor	5-00.00	Crosby-Ironton
		11 Owen Van Batavia	SCR	Park Rapids Area
	8	Ben Rowe	SCR	Park Rapids Area

Pole Vault Varsity - Finals

1.	9	Turner Beachy	12-00.00	Staples-Motley
2.	12	John Paul Fitzpatri...	11-06.00	Crosby-Ironton
3.	12	Cameron Runyan	11-00.00	Park Rapids Area
4.	10	Oliver Toftness	10-06.00	Crosby-Ironton
5.	10	Wyatt Balmer	10-06.00	Pequot Lakes

6.	12 Glenn Simons	10-00.00	Detroit Lakes
6.	9 Conner Kuhns	10-00.00	Staples-Motley
8.	9 Ryder Schultz	9-06.00	Pequot Lakes
8.	9 Coye Braten	9-06.00	Detroit Lakes
8.	12 Kalan Larson	9-06.00	Pequot Lakes
11.	10 Jarrett Galzki	9-00.00	Park Rapids Area
12.	10 Castle London	8-06.00PR	Park Rapids Area
12.	9 Gabe Leff	8-06.00	Detroit Lakes
14.	11 Cody Schmitt	8-00.00PR	Crosby-Ironton
15.	10 Ryan Neelan	7-06.00	Staples-Motley

Long Jump Varsity - Prelims

1.	11 Jordan Mount	20-08.50	Crosby-Ironton
2.	12 Ethan Carrier	19-07.00PR	Detroit Lakes
3.	11 Brandton Marsh	19-03.50	Detroit Lakes
4.	11 Noah Larson	19-02.00PR	Detroit Lakes
5.	12 Cameron Runyan	18-09.00	Park Rapids Area
6.	8 Tade Magnuson	18-07.50	Pequot Lakes
7.	9 Jaydon Walen	18-05.00	Park Rapids Area
8.	10 Josiah Critten	17-11.00	Staples-Motley
9.	10 Wyatt Balmer	17-10.00	Pequot Lakes
10.	12 Malachi Martin	17-06.50	Park Rapids Area
11.	10 Jack Carr	17-06.00	Pequot Lakes
12.	10 Tobias Jacobson	17-04.50PR	Crosby-Ironton
13.	10 Benet Robinson	17-03.00	Staples-Motley
14.	10 Elijah Blue	16-01.50PR	Staples-Motley
15.	10 Caleb Hautala	15-09.00	Crosby-Ironton

Triple Jump Varsity - Prelims

1.	11 Jordan Mount	41-00.00	Crosby-Ironton
2.	11 Brandton Marsh	40-07.00	Detroit Lakes
3.	10 Jack Carr	40-00.50PR	Pequot Lakes
4.	9 Avandre Brandt	39-11.00PR	Staples-Motley
5.	10 Sawyer Ferdon	39-03.00	Staples-Motley
6.	10 Wyatt Balmer	37-07.00	Pequot Lakes
7.	9 Bryant Kulzer	37-05.00PR	Detroit Lakes
8.	10 Gavin Chenoweth	35-00.50PR	Staples-Motley
9.	12 Eli Bervig	35-00.00	Park Rapids Area
10.	9 Alex Huot	34-10.00	Park Rapids Area
11.	11 Luke Johnson	34-07.00PR	Crosby-Ironton
12.	9 Ryder Schultz	34-05.00PR	Pequot Lakes
13.	9 Jameson Riewer	34-01.00PR	Detroit Lakes
14.	12 Pierce Deblieck	33-11.00	Park Rapids Area
15.	8 Wyatt Holmes	31-06.00	Crosby-Ironton

GIRLS

100 Meters Varsity - Finals

1.	12 Abby Larson	12.93a	Detroit Lakes
2.	11 Ella Paulson	13.11a	Detroit Lakes
3.	10 Ava Merta	13.32aPR	Pequot Lakes
4.	9 Josie Taylor	13.40a	Pequot Lakes
5.	10 Ashley Slaybaugh	13.58aPR	Pequot Lakes
6.	11 Morgan Hausten	13.91aPR	Detroit Lakes
7.	10 Laney Vrieze	14.01a	Park Rapids Area
8.	10 Corinne Olson	14.08aPR	Staples-Motley
9.	8 Amelia Gravidahl	14.20a	Park Rapids Area
10.	10 Maari Clark	14.95a	Park Rapids Area
11.	9 Lauren Larson	15.09a	Crosby-Ironton
12.	11 Veronica Lueck	15.45aSR	Crosby-Ironton
13.	9 Jorja Kobliska	15.52aSR	Staples-Motley
14.	9 Stormm Wodarz	16.97a	Crosby-Ironton

200 Meters Varsity - Finals

1.	12 Abby Larson	26.61a	Detroit Lakes
2.	11 Ella Paulson	27.09aPR	Detroit Lakes
3.	9 Josie Taylor	27.19aPR	Pequot Lakes
4.	8 Avery Schueller	27.98aPR	Park Rapids Area
5.	10 Olivia Miller	28.16a	Park Rapids Area
6.	10 Carlie Eggert	28.94aPR	Pequot Lakes
7.	10 Hannah Sigler	29.10aPR	Pequot Lakes
8.	12 Olivia Davis	29.20a	Park Rapids Area
9.	11 Jayden Wodarz	29.66aSR	Crosby-Ironton
10.	10 Tatum Rader	29.80a	Detroit Lakes
11.	10 Londyn Eastwood	30.52aPR	Crosby-Ironton
12.	9 Lauren Larson	31.41a	Crosby-Ironton

400 Meters Varsity - Finals

1.	12 Natalia Lopez	1:03.47a	Park Rapids Area
2.	12 Veronica Broskovetz	1:03.50aSR	Pequot Lakes
3.	10 Addison Lauwagie	1:03.64a	Park Rapids Area
4.	10 Carlie Eggert	1:04.43a	Pequot Lakes
5.	9 Hannah Barberg	1:04.55aPR	Detroit Lakes
6.	10 Haydon King	1:04.65a	Detroit Lakes
7.	8 Sophie Schlosser	1:05.36a	Staples-Motley
8.	12 Georgie Thompson	1:05.61aPR	Pequot Lakes
9.	11 Ava Jones	1:07.30aSR	Detroit Lakes
10.	8 Anna Rickbeil	1:10.00a	Park Rapids Area
11.	9 Gracie Rosecrans	1:22.11a	Crosby-Ironton

800 Meters Varsity - Finals

1.	9 Audrey Brownell	2:19.84aPR	Staples-Motley
2.	12 Morgan Koppelman	2:23.44a	Park Rapids Area
3.	8 Madeline Brandt	2:27.86a	Park Rapids Area
4.	12 Ashley Robben	2:28.11a	Staples-Motley
5.	7 Marin Johnson	2:33.92aPR	Detroit Lakes
6.	9 Kyra Rohrbach	2:37.34aPR	Pequot Lakes
7.	9 Margaret Ringhand	2:37.65a	Crosby-Ironton
8.	11 Isabel Larson	2:39.36aSR	Pequot Lakes
9.	11 Helena Daggett	2:40.76aSR	Detroit Lakes
10.	9 Madeline Lacerte	2:44.60a	Crosby-Ironton
11.	10 Sadie Johnson	2:45.41a	Detroit Lakes
12.	7 Makenna Maanum	2:46.91a	Park Rapids Area
13.	9 Aliza Jacobson	2:49.32a	Crosby-Ironton
14.	11 Hailee Polchow	2:55.66aPR	Pequot Lakes

1600 Meters Varsity - Finals

1.	11 Calia Chaney	5:06.11a	Pequot Lakes
2.	8 Madeline Brandt	5:38.96a	Park Rapids Area
3.	12 Julia Steffl	5:40.35a	Detroit Lakes
4.	12 Amaya LeCleir	5:58.44a	Detroit Lakes
5.	10 Erika English	6:02.88a	Pequot Lakes
6.	9 Natalie Mohr	6:03.23aPR	Detroit Lakes
7.	10 Anna Westin	6:05.04a	Crosby-Ironton
8.	10 Nora Bolton	6:10.59a	Park Rapids Area
9.	9 Grace Etter	6:20.56a	Park Rapids Area
10.	8 Suhaila Mikhaeil	6:21.31a	Staples-Motley
11.	11 Addisyn Cichos	6:45.71aSR	Staples-Motley
12.	11 Emma Flaws	7:02.68a	Pequot Lakes

3200 Meters Varsity - Finals

1.	11 Kyanna Burton	11:32.23a	Staples-Motley
2.	8 Bella Hines	12:25.30aPR	Staples-Motley
3.	12 Julia Steffl	12:33.24a	Detroit Lakes
4.	12 Julia Harmon	12:46.07a	Park Rapids Area

5.	8	Embry Deshayes	12:59.07a	Park Rapids Area
6.	11	Gabby Rosecrans	13:37.89a	Crosby-Ironton
7.	12	Aleka London	13:52.59a	Park Rapids Area
8.	10	Karli Skarie	13:56.93aSR	Detroit Lakes
9.	12	Maria Foltz	14:44.96a	Detroit Lakes
10.	10	Emma Bitzer	15:05.55a	Pequot Lakes

100m Hurdles Varsity - Finals

1.	11	Rylee Johnson	15.64a	Detroit Lakes
2.	11	Maddie Blahut	17.03aPR	Detroit Lakes
3.	12	Jayce Kobliska	18.10a	Staples-Motley
4.	10	Brooke Kritzeck	18.20a	Park Rapids Area
5.	11	Allison Gladen	18.51a	Pequot Lakes
6.	9	Olivia Den Hartog	18.86aPR	Pequot Lakes
7.	11	Bailey Weiland	18.88aSR	Staples-Motley
8.	9	Breanna Deblieck	19.40a	Park Rapids Area
9.	10	Reese Laposky	19.42aSR	Pequot Lakes
10.	11	Hannah Pederson	19.46aPR	Crosby-Ironton
11.	9	Grace Officer	19.57a	Park Rapids Area
12.	10	Raylin Daraitis	19.83aPR	Crosby-Ironton
13.	9	Abby Brichacek	21.45a	Staples-Motley

300m Hurdles Varsity - Finals

1.	10	Mallory Fischer	49.81a	Detroit Lakes
2.	11	Rylee Johnson	50.12aPR	Detroit Lakes
3.	11	Maddie Blahut	51.76aPR	Detroit Lakes
4.	11	Allison Gladen	52.53a	Pequot Lakes
5.	12	Jayce Kobliska	52.76a	Staples-Motley
6.	9	Grace Officer	53.59a	Park Rapids Area
7.	9	Olivia Den Hartog	54.10a	Pequot Lakes
8.	8	Cassidy Grewe	54.34aPR	Park Rapids Area
9.	10	Brooke Kritzeck	56.23a	Park Rapids Area
10.	8	Jayla Conner	59.86aSR	Crosby-Ironton
11.	10	Mariah Fitzpatrick	1:00.85a	Crosby-Ironton
12.	9	Abby Brichacek	1:00.90aPR	Staples-Motley
13.	9	Avery Japke	1:01.98a	Staples-Motley
	11	Caitlin Armbrust	NT	Crosby-Ironton

4x100 Relay Varsity - Finals

1.	--	Relay Team	50.74a	Detroit Lakes - A
2.	--	Relay Team	52.09a	Pequot Lakes - A
3.	--	Relay Team	54.45a	Park Rapids Area - A
4.	--	Relay Team	57.10a	Staples-Motley - A
5.	--	Relay Team	57.38a	Crosby-Ironton - A

4x200 Relay Varsity - Finals

1.	--	Relay Team	1:50.17a	Pequot Lakes - A
2.	--	Relay Team	1:51.15a	Detroit Lakes - A
3.	--	Relay Team	1:53.98a	Park Rapids Area - A
4.	--	Relay Team	2:02.79a	Crosby-Ironton - A
5.	--	Relay Team	2:05.22a	Staples-Motley - A

4x400 Relay Varsity - Finals

1.	--	Relay Team	4:09.37a	Park Rapids Area - A
2.	--	Relay Team	4:11.99a	Pequot Lakes - A
3.	--	Relay Team	4:25.09a	Staples-Motley - A
4.	--	Relay Team	4:32.57a	Crosby-Ironton - A
5.	--	Relay Team	4:33.09a	Detroit Lakes - A

4x800 Relay Varsity - Finals

1.	--	Relay Team	9:41.02a	Staples-Motley - A
2.	--	Relay Team	10:02.46a	Park Rapids Area - A
3.	--	Relay Team	10:31.69a	Detroit Lakes - A
4.	--	Relay Team	10:37.03a	Crosby-Ironton - A
5.	--	Relay Team	12:12.43a	Pequot Lakes - A

Shot Put Varsity - Prelims

1.	11	Amelia Davis	37-09.00	Pequot Lakes
2.	12	Jacee Hauser	36-04.50	Detroit Lakes
3.	12	Brenna Skadsem	33-04.00	Detroit Lakes
4.	11	Elle Bettcher	32-04.00	Detroit Lakes
5.	12	Julia Harmon	30-11.00	Park Rapids Area
6.	11	Kayla Joyce	30-02.50	Pequot Lakes
7.	11	Camden Anderson	29-07.50	Staples-Motley
8.	9	Sarah Hartung	27-09.00	Park Rapids Area
9.	12	Grace Jordan	26-10.00	Pequot Lakes
10.	11	Bailey Weiland	25-01.00	Staples-Motley
11.	10	Madison Laferriere	23-04.50PR	Park Rapids Area
12.	10	Cadence Wynn	23-02.00	Crosby-Ironton
	10	Katelyn Wiseley-Pet...	SCR	Crosby-Ironton

Discus Varsity - Prelims

1.	12	Jacee Hauser	114-07	Detroit Lakes
2.	11	Elle Bettcher	109-00	Detroit Lakes
3.	12	Brenna Skadsem	106-03PR	Detroit Lakes
4.	11	Amelia Davis	97-10	Pequot Lakes
5.	9	Sarah Hartung	95-07	Park Rapids Area
6.	11	Kayla Joyce	87-09	Pequot Lakes
7.	12	Julia Harmon	81-07	Park Rapids Area
8.	9	Annie Schlosser	79-09PR	Staples-Motley
9.	10	Cadence Wynn	71-11	Crosby-Ironton
10.	11	Bailey Weiland	69-07	Staples-Motley
11.	10	Haidyn Sangren	68-00	Pequot Lakes
12.	10	Kate Dravis	67-11PR	Park Rapids Area
13.	11	Camden Anderson	67-08	Staples-Motley
	10	Katelyn Wiseley-Pet...	SCR	Crosby-Ironton

High Jump Varsity - Finals

1.	11	Grace Gunderson	5-02.00	Detroit Lakes
2.	11	Rylee Johnson	5-00.00	Detroit Lakes
2.	11	Isabel Larson	5-00.00	Pequot Lakes
4.	10	Brooke Kritzeck	4-10.00	Park Rapids Area
5.	10	Reese Laposky	4-10.00	Pequot Lakes
6.	10	Jena Meier	4-08.00	Park Rapids Area

7.	10 Mamie Hunter	4-06.00	Detroit Lakes
7.	8 Sophie Schlosser	4-06.00	Staples-Motley
7.	10 Mariah Fitzpatrick	4-06.00	Crosby-Ironton
10.	9 Avery Japke	4-02.00	Staples-Motley
10.	10 Grace Larson	4-02.00	Crosby-Ironton
	9 Tatum Christopherson	NH	Pequot Lakes
	9 Emma Silgen	NH	Crosby-Ironton
	10 Maari Clark	NH	Park Rapids Area

Pole Vault Varsity - Finals

1.	12 Morgan Koppelman	10-06.00	Park Rapids Area
2.	12 Jerzie Horner	10-06.00	Detroit Lakes
3.	10 Addison Lauwagie	10-06.00PR	Park Rapids Area
4.	9 Lucy Lewandowski	9-06.00	Crosby-Ironton
5.	12 Joselyn Rinio	9-00.00	Pequot Lakes
6.	11 Sydney Jones	9-00.00	Crosby-Ironton
7.	9 Alonna Moench	8-06.00	Detroit Lakes
8.	10 Erika English	7-00.00	Pequot Lakes
9.	9 Jorja Kobliska	6-00.00	Staples-Motley
9.	9 Grace Etter	6-00.00	Park Rapids Area
	10 Londyn Eastwood	NH	Crosby-Ironton
	11 Morgan Hausten	NH	Detroit Lakes

Long Jump Varsity - Finals

1.	10 Reese Laposky	16-06.00PR	Pequot Lakes
2.	10 Mallory Fischer	15-08.50PR	Detroit Lakes
3.	10 Mamie Hunter	15-07.50PR	Detroit Lakes
4.	10 Haydon King	15-05.00	Detroit Lakes
5.	11 Margaret Silgen	14-08.50	Crosby-Ironton
6.	12 Riley Pike	14-05.50	Park Rapids Area
7.	10 Hannah Sigler	14-03.50	Pequot Lakes

Long Jump Varsity - Prelims

1.	10 Reese Laposky	16-06.00	Pequot Lakes
2.	10 Mallory Fischer	15-08.50	Detroit Lakes
3.	10 Mamie Hunter	15-07.50	Detroit Lakes
4.	10 Haydon King	15-05.00	Detroit Lakes
5.	11 Margaret Silgen	14-08.50	Crosby-Ironton
6.	12 Riley Pike	14-05.50	Park Rapids Area
7.	10 Hannah Sigler	14-03.50	Pequot Lakes
8.	10 Olivia Miller	14-01.50	Park Rapids Area
9.	10 Ava Merta	13-07.50	Pequot Lakes
10.	11 Bailey Weiland	13-05.00PR	Staples-Motley
11.	8 Whitney Seifert	13-01.00	Park Rapids Area
12.	11 Caitlin Armbrust	12-06.50	Crosby-Ironton
13.	8 Camryn Armbrust	11-10.00	Crosby-Ironton

Triple Jump Varsity - Prelims

1.	10 Reese Laposky	33-00.00SR	Pequot Lakes
2.	10 Carlie Eggert	32-11.50PR	Pequot Lakes
3.	11 Margaret Silgen	32-07.50	Crosby-Ironton
4.	9 Natalie Spindler	32-07.00	Detroit Lakes
5.	12 Olivia Davis	32-01.00	Park Rapids Area
6.	9 Isabel Cole	31-11.50PR	Staples-Motley
7.	10 Brandi Morgan	31-10.00PR	Park Rapids Area
8.	11 Lily Anderson	31-04.00	Detroit Lakes
9.	11 Caitlin Armbrust	29-09.00	Crosby-Ironton
10.	9 Olivia Den Hartog	29-07.50	Pequot Lakes
11.	9 Jasmyn Olds	28-08.00	Detroit Lakes
12.	9 Abby Brichacek	28-06.50	Staples-Motley
13.	8 Ronnie Noska	28-01.00	Staples-Motley
	12 Riley Pike	SCR	Park Rapids Area